

## **MREs in '23: MAKE-AHEAD LUNCH CHALLENGE**

Each day of the N.C. State Fair presents a new cooking challenge for our contestants who dream up their own recipes, prepare them at home and bring them to the N.C. State Fair for critique by a panel of judges...but only one can take home the coveted blue ribbon.

It's Military Appreciation Day, and when we think of on-the-go chow, we KNOW you can do better than a standard MRE. With meal prepping at an all-time high and time getting even tighter with our busy schedules, what can you come up with to prep on the weekend to make your life easier for lunch Monday through Friday? Bring us your best!

2023 N.C. STATE FAIR

ENGE

**Entry Deadline:** Monday, October 2, 2023

Cash Prizes 1st Prize: \$500 2nd Prize: \$300 3rd Prize: \$200

Home Chef Challenges will be held in Dorton Arena. Contestants are allowed 30 minutes of free parking outside Gate 12. Check-in will be in the hallway. Contestants can either walk their food entry to Dorton Arena or allow us to transport it. Contestants must then move their vehicle. Free parking in Lot C with a free shuttle ride back to Gate 12 or Gate 3 is provided.

presented by Wegmans

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10 a.m. WEDNESDAY, OCTOBER 18