

# NORTH CAROLINA PEANUT GROWERS ASSOCIATION

## Pea-nutty Vegetarian Recipe Contest

The North Carolina Peanut Growers Association is looking for a delicious vegetarian dish that the entire family will love. It can be a main dish or a side dish so be creative! Peanuts and peanut butter are a great source of protein. So get cooking and your pea-nutty creation can win you some cash!

**ENTRY DEADLINE: SATURDAY, OCTOBER 10, 2009**  
**DATE OF CONTEST: THURSDAY, OCTOBER 15, 2009**

### CASH PRIZES

First Prize	\$200
Second Prize	\$150
Third Prize	\$100
Honorable Mention	\$50

Plus each winner will receive a ribbon, apron and a peanut t-shirt

### SECTION 101 CONTEST RULES

1. Judging will be based on **Taste and Flavor (50%), Creativity and Family Appeal (25%), Ease of Preparation (25%)**.
2. Contestants may enter more than one recipe, however only one recipe may win.
3. Type or legibly write recipe on an 8 1/2 x 11 sheet of paper with name, address, daytime and evening phone number, email address if available, in the upper right hand corner. Entries must be legible and include a phone number or you will be disqualified.
4. Recipe should be named, list ingredients with measurements, state preparation instructions and the number of servings. Recipes with ten or fewer ingredients are encouraged. (Salt, pepper and other seasonings are not counted as ingredients.)
5. Each recipe must contain at least 1/2 cup of peanuts or peanut butter.
6. To qualify as vegetarian, recipe should exclude all forms of meat, fish and poultry.
7. Contestant must be a non-professional cook, 18 years of age or older and a legal U.S. resident.
8. Upon submission recipes become the property of the North Carolina Peanut Growers Association, which reserves the right to edit, adapt, copyright, publish and use for publicity, promotion or advertising without compensation.
9. Entries must be presented at the Fair ready for judging.
10. Decision of the judges is final.
11. To be a contestant, mail recipe to: NC Peanut Growers Association Recipe Contest, NC State Fair, 1025 Blue Ridge Road, Raleigh, NC 27607 postmarked by October 10, 2009, or by delivering the recipe to the fairgrounds Entry Office.

## DAY OF CONTEST

1. Entries will be received from 4:00-4:30 p.m. in the Education Bldg.
2. Judging will begin at 4:30 p.m.
3. Prizes will be awarded at 5:30 p.m. or when contest is completed.
4. Contestants will be admitted into the Fair for free with prepared entry on the day of the contest through Gate 11 or 12. These gates are near the Education Building. Or Gate 8 across from Carter Finley Stadium.
5. Entries may be brought in any type of container (preferably disposable), but it is not the responsibility of the Fair to return any dishes or plates.
6. Contact the Entry Department if you have any questions at 919 821-7400.
7. Entries must be prepared at home and brought to the fair on the day and time of the contest.

